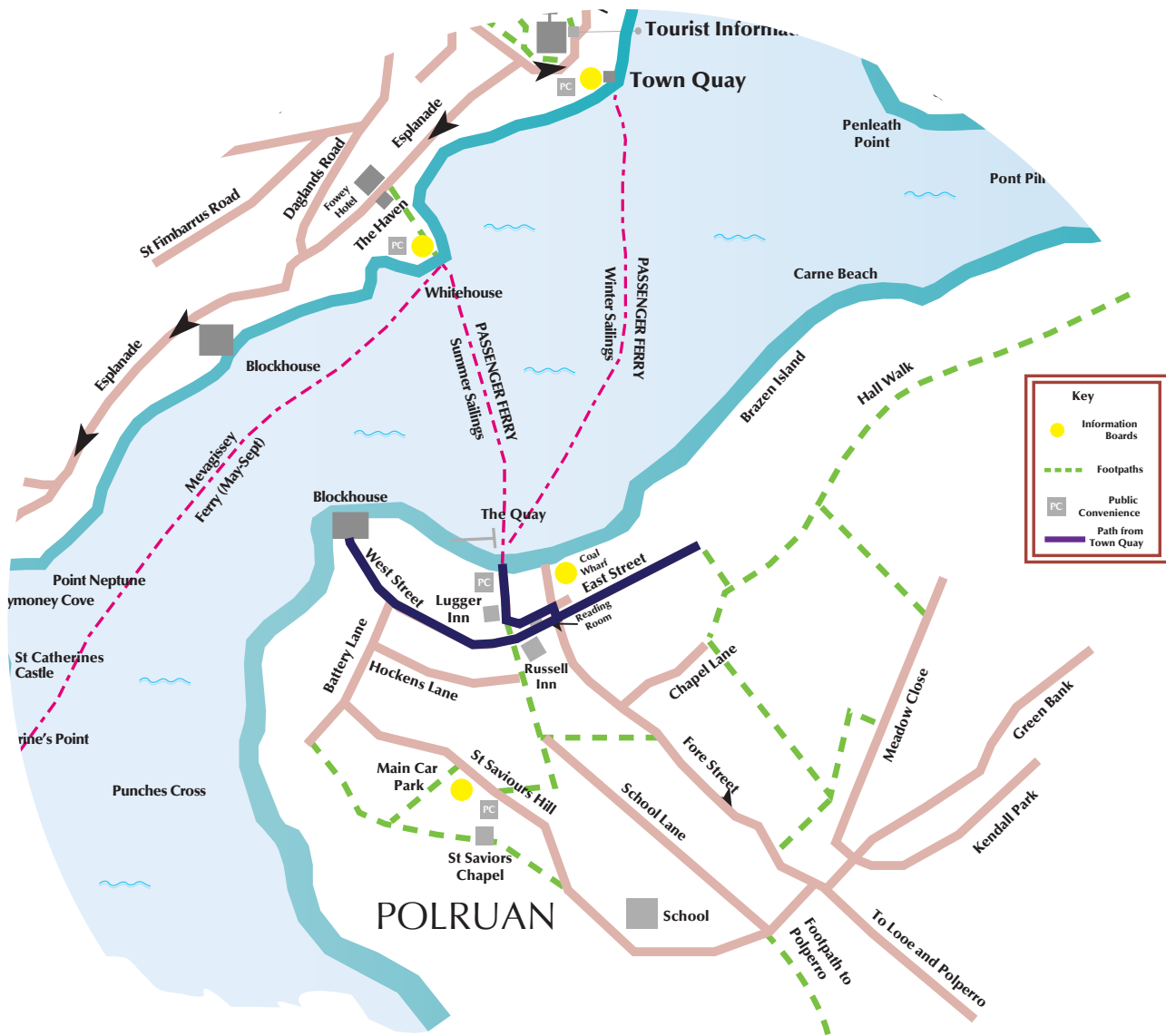


## Brief exploration from Polruan Town Quay



### Brief exploration from Polruan Quay

This route takes you from the ferry landing at the quay in Polruan and gives you a brief exploration of the village. This is mainly on level roads and the route takes you along the side of the harbour. It takes about 30 minutes. Pause as you walk and watch the ever changing scene on the water. From the quay walk up the road following a slight incline to the crossroads at the bottom of Fore Street, turn left into East Street. East Street is short and you can look down into the boatyard and across to Fowey. Walk back to the cross roads and then continue straight ahead into West Street. Take care as cars can access both streets. If you follow all the way along West Street and then follow a narrow path it will take you to the Blockhouse (castle), one of two medieval fortifications either side of the harbour. Polruan is thought to be an older settlement than Fowey and has been a shipbuilding and seafaring centre for generations. In 1851 almost every house was home to someone involved in the industry.

There is more information about Polruan on an interpretation panel on the coal wharf, situated between the quay and the boatyard.



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