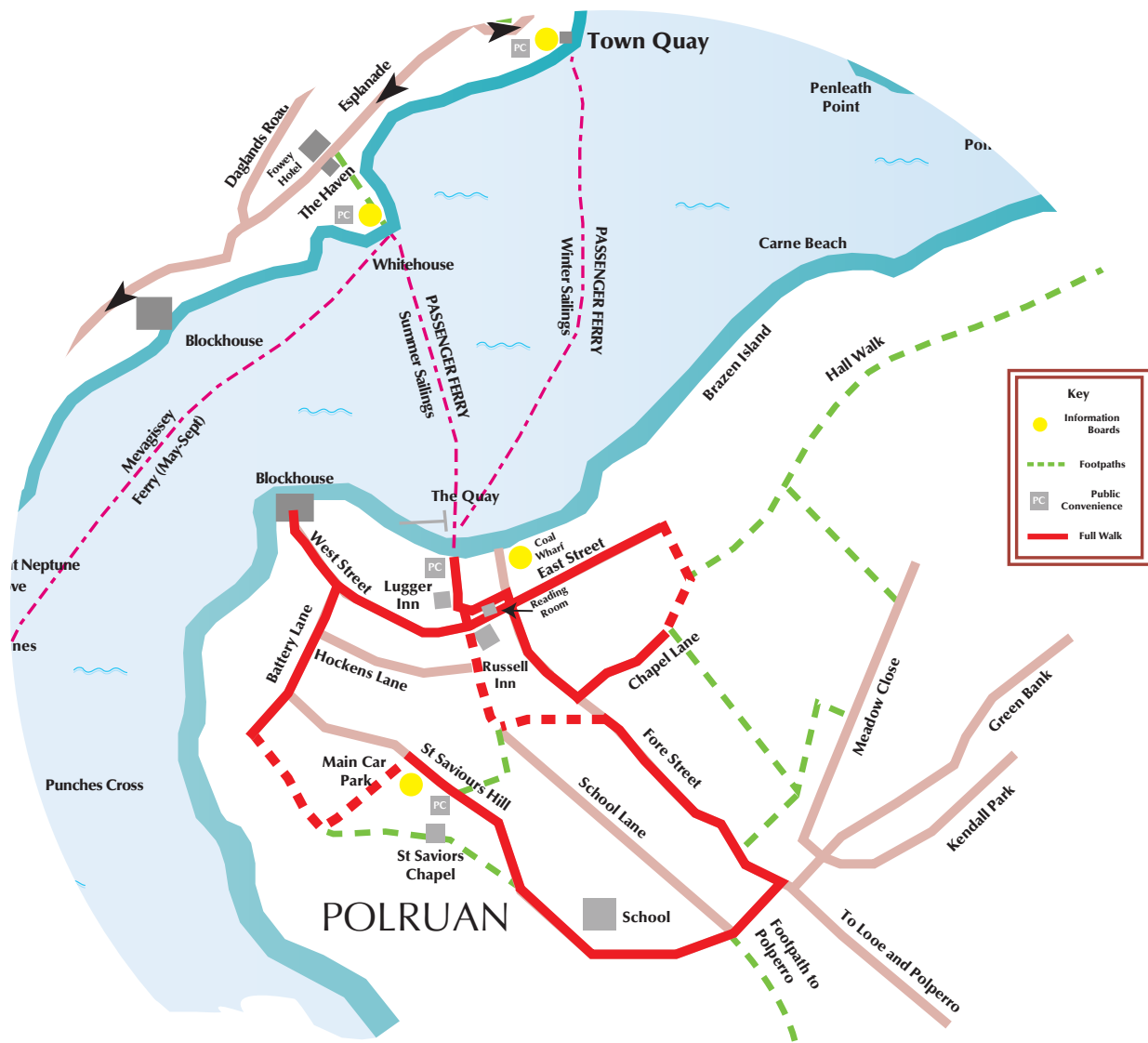


The Full Walk Polruan



Polruan Full Scenic Walk

This is a circular route around the historic village. It uses roads and as these are narrow roads with traffic please take care, it also involves some footpaths and steps. Polruan is on the steep side of the valley so be prepared to walk up hill. It will take up to 90 minutes. Polruan is thought to be an older settlement than Fowey and has been a shipbuilding and seafaring centre for generations. In 1851 almost every house was home to someone involved in the industry. This walk will take you along lesser used paths and also out along the cliffs.

From **Polruan Quay**, **follow the road off the quay up a short incline to the cross roads at the foot of Fore Street. Turn left along East Street and follow along to a set of steps marked 'Hall Walk' to the right. At the top of the steps turn right into Chapel Lane and then right again down Fore Street. At the bottom of the hill turn left into West Street and walk to Battery Lane to the left. Here you can do a slight detour and walk straight on to the medieval blockhouse before retracing your steps back to Battery Lane. Walk up Battery Lane and keep straight ahead, past Headland gardens (open on Thursday afternoons in the summer). Follow the narrow road until you come out onto the grassy area above the cliffs. Follow the footpath along the cliffs in front of the houses, turning left up the hill to the car park, walk through the car park to the main entrance. Turn right onto the road and walk to the primary school.* Continue past the school along the road to a T junction with Fore Street. Turn left down the hill and look for narrow path to the left after the church which takes you to the village hall, turn right behind the hall down a narrow footpath with steps, arriving in Tinkers Hill which takes you back to West Street. Turn right and head back to the quay.

From **Polruan Main Car Park**. Go to the main car park entrance and turn right onto the road. Follow the route from * and from Polruan quay follow the directions from ** and this will lead you back eventually to the car park.

There is more information about Polruan on an interpretation panel on the coal wharf, situated between the quay and the boatyard and another board by the entrance to the Main car park.

